



# Autologous Blood Collection

## WHAT IS AN AUTOLOGOUS BLOOD TRANSFUSION?

This is the use of your own blood during surgery. If eligible you may donate your blood in the four weeks prior to your surgery. The blood is then stored and made available for your own use if required at the time of the operation.

## WHO IS ELIGIBLE?

Those who are generally healthy, less than 76 years of age and have booked elective surgery where there is a reasonable chance of requiring a blood transfusion. All candidates are reviewed by a medical officer prior to their first collection to assess their suitability for the procedure.

## WHAT ARE THE ADVANTAGES OF AUTOLOGOUS BLOOD DONATION?

Autologous blood eliminates the already low risk of disease transmitted by donor blood transfusion (eg. Hepatitis and HIV). Transfusion reactions due to incompatibility are greatly reduced.

## HOW DO I DONATE MY BLOOD?

Appointment for Autologous Blood Donation can be made once your surgery date is booked and your doctor has completed a Healthscope request form. Phone 08 8205 5612 to book appointments or to make an enquiry.

*Providing services since 1936, Healthscope Pathology operates throughout Australia, New Zealand, Singapore and Malaysia.*

*Healthscope Pathology has purpose built, state-of-the-art service and molecular research laboratories which ensure the highest standard of testing.*

## WHEN SHOULD I DONATE MY BLOOD?

Blood can be stored for 35 days. Donations can therefore commence up to four weeks prior to your surgery, with intervals of at least 1 week between each donation, depending on requirements.

## HOW LONG DOES IT TAKE?

The first donation, which includes your initial medical assessment, will take approximately 1 hour. Please allow 30 minutes for each subsequent donation.

## WHERE CAN I DONATE MY BLOOD?

The location and contact details of patient centres that collect Autologous blood are listed right.

## WHAT PREPARATION IS REQUIRED?

On the day of your appointment, you should aim to drink one and a half to two litres of water and have a substantial meal prior to attending. Please arrange for a driver for your first visit.

**For all metropolitan enquiries and appointments phone: 08 8205 5612.**

## AUTOLOGOUS BLOOD COLLECTION CENTRES

**Ashford Specialist Centre:**  
55-57 Anzac Highway  
**Modbury Triangle:**  
Smart Road  
**Mount Barker:**  
Village Shopping Centre  
Shop 8, 2 Victoria Crescent

**For all country appointments phone:**

<b>Berri</b>	<b>08 8582 3630</b>
<b>Gawler</b>	<b>08 8522 3030</b>
<b>Mt Gambier</b>	<b>08 8723 2795</b>
<b>Naracoorte</b>	<b>08 8762 1830</b>
<b>Nuriootpa</b>	<b>08 8562 3403</b>

If you have any questions or require further information, please contact our Customer Service Centre.

**1300 453 688**

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